



Halifax Hockey Club



Key Notes

Indoor Hockey

- Brooksbank School
- Set up from 1000
- Games from 1015/1030
- Open to Seniors and Juniors playing Senior Hockey
- Cost : £10 for full day

Sprint Sessions

- Focussed robustness/fitness sessions with outside Sprint Coach
- All fitness levels catered for
- 1830 - 2030
- Cost : £5 per session or £20 upfront for the block of 5 – pay at first session to gain discount

Senior Summer League

Ladies & Mixed

- Leeds Adel Club – LS16 8DE
- Either a 1930 or 2030 start
- Open to all levels playing Senior Hockey
- Cost : See Captain on the day

Open Session / Free Format

Club Pitch available from 1100 to 1230
No activities or coaching, just pitch time for your own use or as group. Turn up, organise yourselves and play.

Light Coaching

- Format to be confirmed
- Open to Seniors and Juniors playing Senior Hockey

Follow us

Latest news, events, results and more via the website

www.halifaxhockeyclub.com

Social Media



halifax hockey club



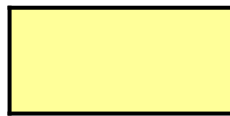
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Ladies Only



Men Only



Mixed/All

	18:30		19:30		20:30		21:30	
Monday				Summer League (19/06 – 31/07)		Summer League (19/06 - 31/07)		
				Summer League (02/05 - 26/06)		Summer League (02/05 - 26/06)		
Tuesday				Summer League (03/05 – 27/06)		Summer League (03/05 – 27/06)		
			Light Coaching Sessions (08/08 - 29/08)					
Wednesday				Summer League (04/05 - 28/06)		Summer League (04/05 - 28/06)		
		Sprint Coach Sessions (19/07 - 16/08)						
Thursday				Summer League (05/05 - 29/06)		Summer League (05/05 - 29/06)		

	10:00	11:00	12:00	15:00
Saturday			Open Session / Free Format (01/07 & 29/07 & 26/08)	
			Open Session / Free Format (22/07 & 19/08)	
	Indoor Hockey (08/07)			